

Ed Dibble Towpath Run

WHEN: Saturday, March 31, 2012

LOCATION: Farnsworth Park – 8505 S. River Road (US 24), Waterville

TIME: 8:00 a.m. (Early Bird 7:00 a.m.)

DETAILS: Race day registration only. No pre-registration. This is an out and back 19-mile course. You may run any distance if you are not ready for the full 19 miles. This is a beautiful trail run along the Maumee River. The cost is \$5.00 for TRRC Members and \$7.00 non-members. Entry includes a long sleeve shirt and homemade cookies at the end of the run.

MARATHON TRAINING: A fantastic marathon training run just a few weeks out from the Glass City Marathon.

QUESTIONS: jeff.taylor@davesrunning.com

