

# 56th Wearin' of the Green 7K

NW OHIO'S OLDEST BUNCH OF BLARNEY

PRESENTED BY THE O'REILLY FAMILY & DAVE'S PERFORMANCE FOOTGEAR

7K (4.34 Mile) RACE & WALK – 1K KIDS RACE

SUNDAY MARCH 14, 2010

REGISTRATION: OPENS AT 8:30 A.M. 1K KIDS RACE AT 9:15 A.M. 7K RACE & WALK AT 10:00 A.M.

REGISTRATION LOCATION: Maumee Bay State Park, Oregon, Ohio

COURSE: Start and finish at the Main Lodge, flat & fast 7K (4.34 Mile) course.

AWARDS:

- Overall male/female, overall master (40+) male/female Champions in the 7K race receive a fine Running Jacket from Dave's
- Age group awards (at least five deep) in the 7K race. No duplication of awards. The walk is non-competitive.
- Male and female: 1 – 9 ,10-14, 15-19, 20-24, 25-29, 30-34,35-39,40-44,45-49,50-54,55-59,60-64,65-69,70-74,75-79,80-84, 85 & Older
- First #56 7K finishers receive a custom die cast medal. Plus More Shenanigans see the back of the entry!
- In the Kids 1K, (12 and Under) Overall Male/Female. All 1K finishers receive a finisher's gift.

SHIRTS:

- All preregistered participants will receive a shirt. A VERY limited number of shirts will be available on race day.
- Want a shirt in your size? Preregister! By the way if you don't mark the shirt size you are getting a Large!

REFRESHMENTS AND OTHER INFO:

- Shamrock cookies, fruit, sport drink

ENTRY FEES:

- 7K Race & Walk Pre-registered – postmark by Saturday, February 27, 2010 \$ 15.00
- TOLEDO ROADRUNNER MEMBERS CAN DEDUCT \$1.00 FROM ABOVE PRE-REGISTRATION FEES
- Entry fee waived for all pre-registered age 70 and older athletes.
- 7K Day of race – \$ 20.00 (with shirt if available) or \$ 15.00 (no shirt)
- 1K Kids Race – Pre-registered by above deadline \$8.00 with shirt. Day of Race \$1.00 – No Shirt
- TOLEDO ROADRUNNER KIDS CAN DEDUCT \$1.00 FROM THE 1K FEES (Yes that makes it free on race day)
- Entry fees payable to Toledo Roadrunners. Mail to P.O. Box 1021, Maumee, Ohio 43537
- Information? Call 419-360-3709

CUT HERE – ENTRY FORM MAY BE PHOTOCOPIED- PLEASE PRINT

NAME \_\_\_\_\_ TELEPHONE:(\_\_\_\_\_) \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY/STATE: \_\_\_\_\_

ZIP CODE: \_\_\_\_\_ SEX: (CIRCLE) M F AGE (ON 3/14/2010) : \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

SHIRT SIZE: (CIRCLE) YL S M L XL 2XL INDICATE EVENT :(CIRCLE) 7K RACE 7K WALK 1K KIDS

IRISH AMERICAN (or willing to lie about it) (Circle) YES NO (You poor soul!, surely there is someone in your family who is, think again )

TRRC MEMBER? (Circle) YES NO

IN CONSIDERATION OF YOUR ACCEPTANCE OF THIS ENTRY, I HEREBY FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS WAIVE AND RELEASE ALL RIGHTS FOR CLAIMS AND DAMAGES I MIGHT HAVE AGAINST THE TOLEDO ROADRUNNERS CLUB, THE RACE DIRECTOR, SPONSORS AND ALL RELATED PARTIES FOR ANY AND ALL INJURY OR DAMAGE RESULTING FROM PARTICIPATING IN THE ABOVE EVENT. I AM IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN THIS EVENT.

SIGNED \_\_\_\_\_ (PARENT OR GUARDIAN IF UNDER AGE 18) DATE: \_\_\_\_\_